



AINA

February -2026 | Issue - 68



Indian Cancer Society, Delhi Branch

MONTHLY NEWSLETTER

SURVIVOR'S DAY

Indian Cancer Society Successfully Celebrates Cancer Survivors Day

The Indian Cancer Society, Delhi Branch, celebrated Cancer Sahyog Survivors' Day on 16th Feb, 2026 at Nexus Select Citywalk with warmth, dignity and heartfelt joy. The event brought together survivors, volunteers, doctors and well wishers in a beautiful tribute to resilience and the indomitable human spirit. Mrs. Asha Aggarwal and Mrs. Soumya Rajesh were felicitated by ICS for their outstanding contribution, unwavering dedication, and remarkable work. The afternoon commenced with invocation and Lamp Lighting, symbolizing hope and new beginnings. Cultural performances by blind school children, CanKids children, ICS volunteers and LSR students filled the venue with inspiration and energy.

Survivors were honoured for their bravery, followed by an inspiring address by Chief Guest Dr. Dharmendra Singh Gangwar—INTERIM CEO, RGC & RC. The celebration concluded with a candlelight ceremony and a joyous celebratory dance, uniting everyone in a shared message — cancer may challenge life, but it can never defeat the spirit.

Survivors' Day was not just an event; it was a living testament to hope, healing and togetherness.



7th EDITION OF THE INTEGRATED HEALTH & WELLBEING (IHW) CANCER SUMMIT & AWARD



On 3rd Feb, the **7th Edition of the IHW Cancer Summit & Awards** organised at Pride Plaza Hotel, New Delhi, **Mrs. Jyotsna Govil** was honoured with the **Leadership in Cancer Awareness Award**. She also served as a panellist on “*Research, Capacity Building & Collaboration.*”

Her work was appreciated by **Mr. Amit Kumar Ghosh, Additional Chief Secretary, Medical Health & Family Welfare, Govt. of UP, Dr. Sanjiv Kumar**, and other senior delegates. The event was attended by **Dr. Nalini Vemuri** and **Ms. Priya Tiwari**.

HPV Vaccination Drive Launched Nationwide



The Prime minister, on 28th Feb launched a **nationwide HPV vaccination campaign** for 14 year old adolescence girls, aiming to prevent cervical cancer. The initiative signifies a major public health intervention, shifting India's healthcare focus towards prevention and the long-term goal of eliminating cervical cancer. Its a great source of satisfaction to ICS as our Chairperson was advocating this vaccination over past many decades.

Press Conference

A press conference was held on 3rd February at the Press Club of India, New Delhi, featuring Dr. Nitesh Rohtagi, Dr. Urvashi Prasad (Former Director, NITI Aayog), Mrs. Renuka Prasad, Hon. Secretary and cancer survivor, and Mrs. Jyotsna Govil, Chairperson, ICS Delhi Branch. It was a meaningful and engaging interaction with the media, enabling an open dialogue on critical cancer care priorities.

The event received extensive national coverage, including **The Times of India**, **Press Trust of India (PTI)**, **United News of India (UNI)**, along with leading Hindi dailies, ensuring strong nationwide visibility.

Coverage highlighted three urgent messages: the projected rise in cancer cases in India by 2045, the need for early detection and prevention, and the shift from treatment-centric care to proactive public health strategies.



National Lung Cancer Guidelines

On the eve of the World Cancer Day, Dr. Priya Parmar attended the unveiling of the National Lung Cancer Treatment and Palliation Guidelines at Kartavya Bhavan, Delhi.



Young Cancers Warriors- Health, Happiness and Hope



Mrs. Renuka Prasad, Dr. Priya Parmar and Col. Ajai Tomar (Retd) attended a seminar “Young Cancers. Warriors Health, Happiness and Hope” at RGCI & RC on 26th Feb 2026. It was very well conducted event on childhood cancers.

Awareness Talks / Workshops / Conferences

WORLD CANCER DAY SPECIAL

An engaging Cancer Awareness Talk was conducted by Mrs Meenakshi Chadha at Bright Future, Dwarka centre on 4th Feb. The session witnessed enthusiastic participation from students who attentively engaged in discussions on cancer prevention, early detection and the importance of a healthy lifestyle. The talk focused on spreading awareness about common cancers, warning signs and the significance of timely screening. Informative educational material was distributed, encouraging participants to become ambassadors of awareness within their families and communities. 40 girl students and faculty members attended the talk. The program concluded on a positive note, reinforcing the message that awareness and early action can truly save lives.



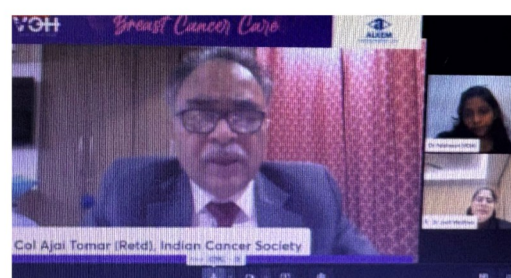
AI in Health Conference

Dr. Inderjeet Kaur Sethi participated in the People-Led AI in Health (PLAIH) Conference held on 7th February at the India International Centre. The conference focused on drafting a Charter for responsible and rights-based use of Artificial Intelligence in healthcare in India. Bringing together clinicians, public health experts, technologists, health workers, and patient advocates, the discussions reflected a shared commitment to equity and citizen protection. A smaller working group has now been formed to advance the development of the PLAIIH Charter.



Virtual Workshop

Col. Ajai Tomar (Retd) was a Panellist in a virtual workshop focusing on improving access to cancer care. It was conducted by the 'Voice of Healthcare'



Seminar - Faculty Development Program (Phase-2)

Two faculty members of Institute of Home Economics who attended FDP Phase 1 in August 2025 entered Phase 2 of mentorship program with enrolment of 15 students. They organized a seminar on 26th February, 2026 in their college. Mrs. Aruna Ummat and Mrs. Sunita Nagpal were invited as ICS resource persons to deliver talks. The topic of the seminar was 'Understanding Cancer, Reduce the Risk' with special focus on Breast Cervical Cancer. The talk was attended by 90 students including the mentees. It was an interactive seminar followed by a Q/A session.



Advancing Cancer Survivorship Care – ANVESHAN 2026

Dr. Priya Parmar attended ANVESHAN 2026, a national stakeholder dialogue held on 13 February 2026 at PGI Child Health, Noida, focused on strengthening cancer survivorship care in India. The meeting convened leading clinicians, policymakers, and civil society representatives to enhance long-term, patient - centered survivorship pathways across the country.



The World Cancer Symposium

Mrs. Aruna Kapur was invited to the World Cancer Symposium organized by the National Association of Head and Neck Oncology, where she was felicitated for her dedicated contributions to cancer awareness and patient support through the Indian Cancer Society. Her recognition at this distinguished platform stands as a testament to her commitment and the meaningful impact of her work in the fight against cancer.



INDIA AI IMPACT SUMMIT 2026

Mrs. Renuka Prasad participated in the AI Impact on 17th Feb, held at the Bharat Mandapam. This was a panel discussion held under the aegis of “Namo–Shakti” health, a breast cancer screening initiative set up by Mr. Kartikya Sharma, Rajya Sabha MP. The device discussed The Niramai Health Analytix’s Thermalytix (often referred to in media as “Thermalyx” or Thermalytix breast cancer screening tool) is an AI-powered, non-invasive breast cancer screening solution that uses advanced thermal imaging and machine learning to detect abnormalities indicative of cancer at an early stage.

It was felt that AI is now a big game changer in the Indian healthcare scenario, facilitating screening protocols, treatment protocols. Mrs. Prasad informed them how ICS had addressed this publicly in their Annual Seminar as early as 2018. She spoke about how newer screening facilities screens thousands of individuals for all types of cancer and not only Breast Cancer.

She spoke about early detection leading to cure as it was in her case also where timely detection by a Breast self examination.

She said that it was a surreal experience to be at INDIA AI Impact Summit 2026 for the first time in Bharat Mandapam.



"National Dissemination Workshop"



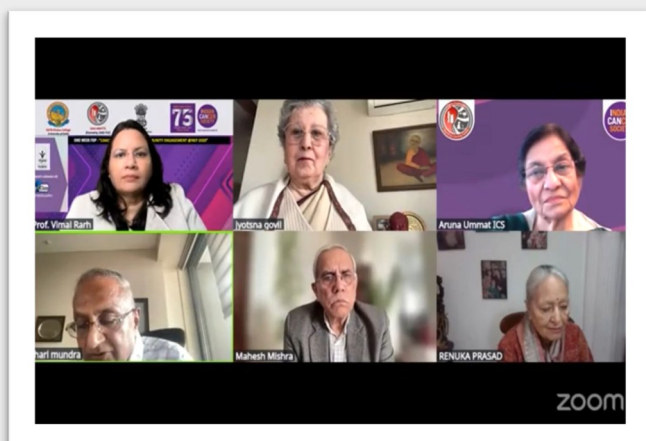
At "National Dissemination Workshop: A move towards equitable cancer care coverage", Mrs. Jyotsna Govil proudly highlighted the role and contribution of ICS in educating and emphasising screening since 1991 at multiple places. In another panel discussion, Mrs. Saumya Rajesh talked about the less discussed challenge about cancer survivors: back to work after cancer and workplace acceptance.

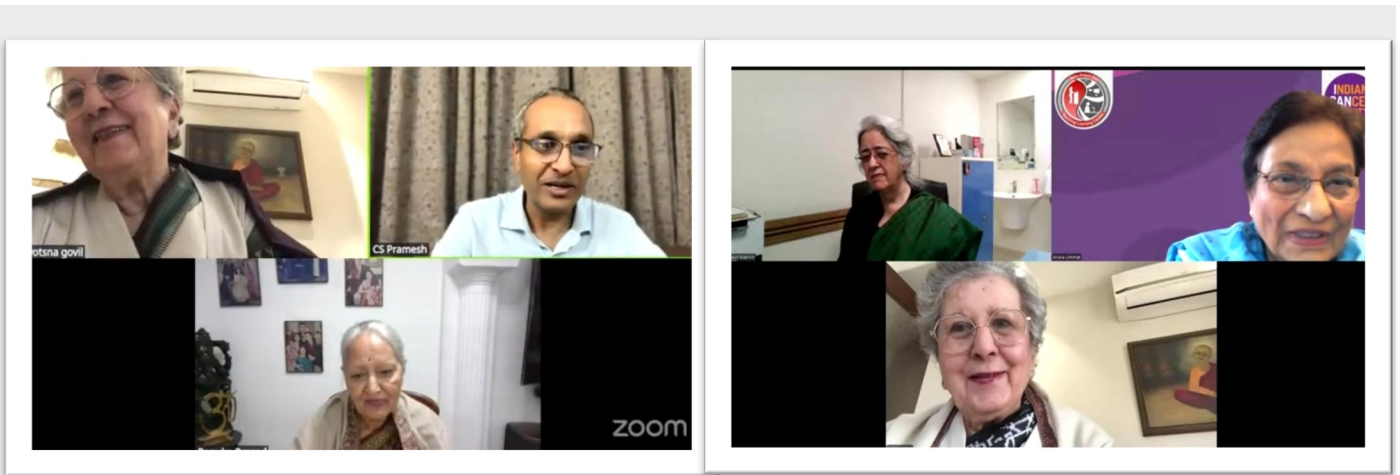
Faculty Development Programme Feb 2026

A 10 days long Faculty Development Program on cancer fundamentals was conducted by ICS Delhi, from February 10-20, 2026 for three hours every day from 4-7 pm. The inaugural session was graced by ICS Chairman, Mr. Hari Mundra, as Chief Guest who complimented ICS Delhi in spreading cancer awareness among university teachers consecutively for four years. Dr. MC Misra, Former Director AIIMS delivered the keynote address on 'Importance of regular screening and early diagnosis'. Prof. Gurmohinder Singh, Principal GTB Khalsa College spoke on the importance of cancer awareness among the community.

Following the inaugural session, the academic sessions started. This time apart from common cancers like, Breast, Cervical, Oral and Lung cancers many new cancers were introduced like, Urological, Colorectal and Blood cancers. Other NCDs and Mental Health were also addressed along with Emotional support and Communication skills.

Almost every day medical experts and oncologists from reputed hospitals were invited to supplement the knowledge imparted by ICS speakers. It is noteworthy to mention that a total of 14 ICS speakers and 12 external medical experts shared their knowledge and wisdom in the entire training program, through power point presentations and well researched information, that was well appreciated by the participants. The participants will now carry on their assigned project work that will be assessed by the ICS. The Valedictory Session on 20th February was graced by Prof. Ved Prakash, former Chairman UGC and Dr. C S Pramesh, Director Tata Memorial Hospital Mumbai. Dr. Pramesh delivered his valedictory address highlighting 'Strengthening health care system for cancer control'.





There were 158 registered faculty members pan India in this FDP. This FDP marks the completion of four years of this program. ICS Delhi has disseminated cancer awareness among 1500+ university teachers in the last four years. Thanks to our Chairperson, ICS, Delhi Branch, Mrs. Jyotsna Govil, for providing the right impetus to this significant program and to MMTLC for their unwavering support. The faculty members are expected to sensitize the students about prevention of cancer by motivating them to modify their lifestyles.

NEWS COVERAGE

Mammography Camp at Delhi Secretariat



■ नई दिल्ली : सोचिए अगर आप ऑफिस में हैं या बाजार में शॉपिंग कर रही हैं और वही पास खड़ी मोबाइल वैन में कुछ ही मिनटों में आपकी कैंसर की जांच हो जाए तो कैसा रहेगा? यकीनन आप इस सुविधा का लाभ उठाना चाहेंगी। क्योंकि, न तो अस्पताल जाने की जरूरत, न ही ओपीडी की लाइन में लगने की चिकचिक। महिलाओं की सेहत को प्राथमिकता देने की इसी सोच के साथ दिल्ली स्टेट कैंसर इंस्टिट्यूट (DSCI) ने कैंसर जागरूकता रोकथाम और जांच (CAPS) की पहल की है। इसके जरिए एक मोबाइल कैंसर स्क्रीनिंग वैन सड़कों पर घूमकर कैंसर की जांच प्रे में करेगी। दिल्ली सचिवालय से यह सुविधा शुरू हो चुकी है। यह वैन महीने में दो बार चलेगी।

■ दिल्ली स्टेट कैंसर इंस्टिट्यूट ने की पहल

■ दिल्ली सचिवालय से यह सुविधा शुरू हो चुकी है। यह वैन महीने में दो बार चलेगी

पहचान के लिए), मैमोग्राफी (ब्रेस्ट कैंसर की स्क्रीनिंग के लिए) की जांच हो सकेगी। शुरुआत में 12 से ज्यादा महिलाओं की जांच की गई है। साथ ही इसी महीने जनकपुरी में अगला कैप लगाया जाएगा, जहां महिलाओं में होने वाली कैंसर की जांच होगी। डॉ. प्रज्ञा ने बताया कि यह वैन विशेषकर बाजारों, सरकारी ऑफिसों, प्राइवेट कंपनियों, स्कूलों, बैंकों और अन्य जगहों पर पहुंचेगी। जहां महिलाएं अपने दैनिक कामकाज के बीच ही वैन में जाकर जांच करा सकेगी।

सिर्फ जांच नहीं, जागरूकता भी: डॉ. प्रज्ञा के अनुसार, CAPS केवल स्क्रीनिंग तक सीमित नहीं है। इस पहल के तहत कैंसर से जुड़ी भ्रांतियों को दूर किया जाएगा। इलाज को लेकर फैली आशंकाओं पर एक्सपर्ट गाइडेंस दी जाएगी। तंबाकू विरोधी जागरूकता अभियान चलाए जाएंगे संसाधनों की उपलब्धता के अनुसार HPV टीकाकरण को बढ़ावा दिया जाएगा। उन्होंने बताया कि कैंसर की जांच को लेकर लोगों में जागरूकता की भारी कमी है। ऐसे में जिस जगह पर यह वैन जाएगी। उस जगह पर एच HPV DNA टेस्ट (सर्वाइकल कैंसर की

PRASHANTI

On Tuesday, 3rd February, the children kicked off their day with prayers. Next, they had a fun activity in which they made parts of a plant and a Butterfly cycle model with the help of LSR volunteers. Next, Ms. Anju Malhotra distributed toys and blankets to the children and their families. They enjoyed laughter therapy with Dr. Santosh Sahi. At the end of the day, they enjoyed a nutritious meal sponsored by Mrs. Meenakshi Chadha.



On 10th February, the children began their day with prayer. Next, LSR volunteers taught the children about good and bad habits. They prepared charts with photos of good habits and bad habits and asked the children to paste them and identify which ones were bad habits and which ones were good habits. At the end of the day, they enjoyed a nutritious meal sponsored by Mrs. Geeta Kapoor.

On 17th Tuesday, the children started their day with prayers. Next, they had a great day with LSR volunteers in which the volunteers taught the children about nutrition and the food pyramid. With their help, they made a food pyramid chart. At the end of the day, Ms. Meenakshi Chadha sponsored and distributed a nutritious meal and she also distributed fruits to the children.



On Tuesday, 25th, the children at Prashanti began their day with prayers. Next, LSR volunteers taught the children about hinge joints and with their help, the children made model. Next, they enjoyed dancing. At the end of the day, they enjoyed a nutritious meal sponsored by Mrs. Aruna Kapur and Mrs. Anita Tyagi.

FRIDAYS WITH SHRENIK

13TH February

The #48 Webinar of *Fridays with Shrenik* was held on 13th February 2026. Titled **“Redefining Cancer Care,”** the session featured Dr. Shruti Gohel, Consultant Medical Oncologist, as the Expert Speaker, with Mr. Shrenik Shah moderating. It was streamed live on YouTube and Zoom. The insightful session highlighted advances in cancer care and was well received by all participants for its expert knowledge and valuable perspectives.



27th February

The #49 Webinar of *Fridays with Shrenik* was held on 27th February 2026. Titled **“Diet and Lifestyle for Cancer and its Prevention,”** the session featured Dr. Poonam Vaswani, Clinical Dietitian and Certified Onco Nutritionist, as the Expert Speaker, with Mr. Shrenik Shah moderating. It was streamed live on YouTube and Zoom. The informative session offered valuable insights into nutrition and lifestyle’s role in cancer prevention, and participants appreciated the expert guidance shared.



CANCER SCREENING CAMP

- 04-February—Delhi Secretariat, Delhi | Mammography 11.
- 07-February—Awdorg Foundation, Nehru Place, New Delhi, Total 111 people, (Male 48 - Female 63) Mammography 14, HPV/DNA 6.
- 08-February—Sankat Mochan Mandir, Sidharth Extension, New Delhi, Total 112 people, (Male 56 - Female 56) Mammography 14, HPV/DNA 5.
- 11-February—ESI Office, Rajinder Place, New Delhi, Mammography 10.
- 14-February—Medical Block, Heritage City, Next to MG Road Metro Station, DLF PH-II, Gurgaon, Total 115 people, (Male 77 - Female 38) Mammography 10, HPV/DNA 6.
- 15-February—Om Mandir, Dhaka Near Bhai Pramanand Colony Delhi, Total 91 people, (Male 39 - Female 52) Mammography 11, HPV/DNA 7.
- 17-February—Sheows Care Centre A-19, ABU Fazal Enclave, New Delhi, Total 63 people, (Male 33 - Female 30) Mammography 4, HPV/DNA 5.



CANCER DETECTION CENTER (CDC)

Screening at Cancer Detection Centre: 30 people were screened.
(08 Male - 22 female) Mammography : 12 | HPV/DNA : 04.

CANCER SAHYOG

- Adopted Patients - 18 People.
- Medical Assistance - New-15 and Old-24.



RADIO TALKS

February edition 2026

Every Friday, 1:05 pm to 1:20 pm only on **AIR FM Rainbow DELHI - 102.6 MHz.**

06 Feb

[World Cancer Day]

By

Mrs. Meenakshi Chadha

13 Feb

[Survivors Day]

By

Mrs. Meenakshi Chadha

20 Feb

[International
Childhood Cancer Day]

by

Mrs. Aruna Ummat

27 Feb

[A Life After Cancer]

By

Ms. Anandita Dhawan

WORLD CANCER DAY

- On the occasion of **World Cancer Day**, Mrs. Jyotsna Govil, Mrs. Renuka Prasad and Mrs. Soumya Rajesh delivered a powerful radio talk that cancer is curable when detected early. They encouraged regular check-ups, timely screenings, and spreading awareness to remove fear and stigma.
- Radio Talk on Radio Mirchi and Radio fever by Mrs. Jyotsna Govil, on 04 February 2026. This radio talk was a heartfelt conversation about spreading cancer awareness and encouraging timely screenings.



FACEBOOK

Last 28 days: 3 Feb-2 Mar

10,530 Views

+39.3% from previous 28 days



3,510

Viewers



1,237

3-second views



55

1-minute views

INSTAGRAM

Views

215,934

Views

Followers	4.2%
Non-followers	95.8%
Accounts reached	152,275

By content type



YouTube

Your channel got 7,421 views in the last 28 days

Views

7.4K

3.4K more than usual

Watch time (hours)

77.5

2.5 less than usual

Subscribers

+34

3 more than usual

